

### Chicken Quesadilla

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Recipe adapted from University of Minnesota Extension

#### Meat and dairy

- 10-ounce chicken breast
- 16 ounces shredded cheddar cheese

#### Pantry Staples

- Salsa
- 24-ounce jar olive oil or vegetable oil

#### Cereal, pasta and grains

- 2 8-count package whole wheat tortillas