

MEAL KIT. Shopping List

Chicken Salad

Recipe adapted from University of Minnesota Extension

Fresh Produce

- 2-3 stalks of celery
- 1 onion
- 1 head of romaine lettuce or bed of leafy greens

Pantry Staples

- Salt
- Pepper
- · Onion powder
- Mayonnaise

Meat and dairy

· 10-ounce chicken breast