

MEAL KIT. Shopping List

Pasta Fagioli

Recipe adapted from University of Minnesota Extension

Fresh Produce

• 1 bag of carrots

Pantry Staples

- Pepper
- Garlic powder
- Onion powder
- Dried oregano
- Dried basil
- Dried parsley

Canned and dry goods

Soup:

• 4 cubes chicken bouillon

Vegetables:

- 114.5-ounce cans diced tomatoes
- 2 15-ounce cans spaghetti sauce
- 115-ounce cans black beans
- 115-ounce cans kidney beans
- 115-ounce can garbanzo beans
- 115-ounce can cannellini beans

Cereal, pasta and grains

1 pound penne pasta