

## Salmon Pasta Bowl

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Recipe adapted from University of Minnesota Extension

### Fresh Produce

- 1 head of kale
- 2 broccoli crowns
- 2 lemons

### Meat and Dairy

- 2-pound salmon
- 32-ounce plain yogurt

### Cereal, Pasta, and Grains

- 1 pound penne pasta

### Pantry Staples

- Salt
- Pepper
- Mustard
- Extra Virgin Olive Oil