

MEAL KIT. Shopping List

Salmon Patties

Recipe adapted from University of Minnesota Extension

Fresh Produce

- 1 stalk of celery
- 1 onion
- 2 fresh lemons
- 1 green bell pepper

Meat and Dairy

• ½ carton of eggs

Canned and dry goods

Meat:

• 27.5-ounce cans salmon

Pantry Staples

- All-purpose flour
- Black pepper
- Breadcrumbs